MINISTRY OF EDUCATION AND RESEARCH
"ȘTEFAN CEL MARE" UNIVERSITY OF SUCEAVA –FACULTY OF PHYSICAL EDUCATION AND SPORTS
"DUNĂREA DE JOS" UNIVERSITY OF GALAȚI – FACULTY OF PHYSICAL EDUCATION AND SPORTS
INTERNATIONAL FEDERATION OF PHYSICAL AND SPORTS EDUCATION
ALUMNI CLUB ASSOCIATION FEFS SUCEAVA

THE 8TH INTERNATIONAL SCIENTIFIC CONFERENCE

TRENDS AND PERSPECTIVES IN PHYSICAL EDUCATION AND SPORTS

Suceava, Romania | October 29–31, 2026



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Assistant Professor Ph.D. Öznur AKPINAR	Duzce University, Turkey
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Professor Ph.D. Bogdan Constantin RAȚĂ	Faculty of Movement, Sports and Health Sciences, Bacău, Romania
Professor Ph.D. Tatiana DOBRESCU	Faculty of Movement, Sports and Health Sciences, Bacău, Romania
Associate Professor Ph.D. Dan Iulian ALEXE	Faculty of Movement, Sports and Health Sciences, Bacău, Romania
Associate Professor Ph.D. Alexandru NECHIFOR	Faculty of Physical Education and Sport, Dunărea de Jos University of Galați, Romania
Associate Professor Ph.D. Andreea Georgiana DOBRE	Faculty of Physical Education and Sport, Dunărea de Jos University of Galați, Romania
Associate Professor Ph.D. Vasile Cătălin SAVU	Faculty of Physical Education and Sport, Dunărea de Jos University of Galați, Romania
Associate Professor Ph.D. Florian BENEDEK	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Elena VIZITIU LAKHDARI	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Bogdan-Marius GROSU	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Daniela-Maria CRĂCIUN	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Mihai CONSTANTINESCU	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Aurelian GHEORGHIU	Faculty of Physical Education and Sport, Dunărea de Jos University of Galați, Romania
Assistant Professor Ph.D. Aurelian ȘTEFĂNESCU	Faculty of Physical Education and Sport, Dunărea de Jos University of Galați, Romania
Assistant Professor Ph.D. Virgil Adrian LARIONESCU MOROȘAN	Faculty of Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Ecaterina LUNGU	Ion Creanga State Pedagogical University in Chisinau, Republic of Moldova

ORGANISING COMMITTEE

Associate Professor Ph.D. Florian BENEDEK	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Elena VIZITIU LAKHDARI	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
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Associate Professor Ph.D. Virgil Adrian LARIONESCU MOROȘAN	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Associate Professor Ph.D. Leonard STOICA	Faculty of Physical Education and Sport at Dunărea de Jos University of Galați, Romania
Associate Professor Ph.D. Andrei Daniel IORDAN	Faculty of Physical Education and Sport at Dunărea de Jos University of Galați, Romania
Assistant Professor Ph.D. Gheorghe PRICOP	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Oana Cristina PAȚA	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Iulian-Ștefan HOLUBIAC	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Gabriela CAZAC	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Răzvan-Andrei GAVRILOAIA	Faculty of Physical Education and Sport at Ștefan cel Mare University of Suceava, Romania
Assistant Professor Ph.D. Mădălina Gabriela COMAN	Faculty of Physical Education and Sport at Dunărea de Jos University of Galați, Romania

SCIENTIFIC PROGRAMME

THE 8TH INTERNATIONAL SCIENTIFIC CONFERENCE

TRENDS AND PERSPECTIVES IN PHYSICAL EDUCATION AND SPORTS

Suceava, Romania | October 29–31, 2026

CONFERENCE PROGRAMME

Thursday, October 29, 2026
17:00 – 19:00 – Participant Registration

Friday, October 30, 2026
09:00 – 10:45 – Participant Registration
11:00 – 13:00 – Plenary Session (**Building E Amphitheater**)
13:00 – 14:00 – Lunch Break
14:00 – 16:00 – Deans' Forum (**Building A, Senate Hall**)
16:00 – Anniversary Event (**The "Joseph Schmidt" Auditorium**)
19:00 – Gala Dinner

Saturday, October 31, 2026

9:00 – Opening of the Scientific Sessions and Workshops (**Building E Amphitheater**)
10:00 – 16:00 – Presentation of Scientific Papers within the Scientific Sessions (**Building A, Room A113 and Building K Room K210**) and Workshops (**Building K, Room K102**)

Presentation Formats
• Oral Presentation (PowerPoint);
• Poster Presentation.

PLENARY SESSION
BUILDING E AMPHITHEATER

Friday, October 30, 2026



PhD Koray CANTEZ, Sakarya University of Applied Sciences, Türkiye

"Beyond Sport: Rethinking Active Cities Through Cycling, Recreation and User Experience"



PhD Luboslav SISKA, Catholic University, Faculty of Education, Slovakia

"Use of Burpees in Conditioning Training"



PhD Iulian HOLUBIAC, "Ștefan cel Mare" University of Suceava, Romania

"Effects of a 12-Month Strength Training Program on Bone Mineral Density, Quality of Life and Functional Physical Performance in Postmenopausal Women with Osteopenia or Osteoporosis"

Saturday, October 31, 2026

PHYSIOTHERAPY SECTION

Building E Amphitheater

Moderators:

Associate Professor Daniela CRĂCIUN, PhD
Associate Professor Mihai CONSTANTINESCU, PhD
Associate Professor Daniel Andrei IORDAN, PhD
Lecturer Ileana PETRARIU, PhD
Assistant Professor Gabriela CAZAC, PhD

No.	Authors	Title of the Paper	University / Institution
1	Iordan Daniel Andrei; Leonard Stoica; Ștefănescu Cătălin Aurelian; Coman Mădălina Gabriela	Multimodal Biomechanical Profiling in Young Women: Integrating Body Composition, 3D Posture and Plantar Loading	"Dunărea de Jos" University of Galați, Romania
2	Ţăranu Ana-Maria-Gabriela; Goga Ioan-Bogdan; Stănescu Rareș	The Influence of Physical Exercise on Patients with Lymphedema: A Narrative Review	National University of Physical Education and Sport, Bucharest, Romania Therapy for Movement, Bucharest, Romania
3	Năforniță Florin; Moisescu Petronel Cristian	Assessment of Quality of Life in Older Adults with Musculoskeletal Problems	"Dunărea de Jos" University of Galați, Romania
4	Ilie Alexandru; Vasile Luciela; Bratu Mircea; Predoiu Radu; Stoica Alina	Telerehabilitation in Cervical and Lumbar Disc-Vertebral Disorders: Therapeutic Intervention and Progress Monitoring in Two Case Studies	National University of Physical Education and Sport, Bucharest, Romania
5	Onu Ana; Onu Ilie	Motor Development in the First 15 Months of Life: A Practical Guide to Milestone Screening	Department of Biomedical Sciences, Grigore T. Popa University of Medicine and Pharmacy Iași
6	Jaba Claudiu	Physiotherapeutic Management of Carpal Tunnel Syndrome – Hand Therapy	Dr. Vîlcioiu Hand Surgery Clinic, Bucharest, Romania
7	Constantinescu Mihai	Therapeutic Management of Aseptic Necrosis of the Femoral Head (ANFH)	"Ștefan cel Mare" University of Suceava, Romania
8	Ochiană Gabriela; Crăciun Maria Daniela	Evolution and Perspectives of Physiotherapy in the Context of Emerging National and International Legislative Developments	"Vasile Alecsandri" University of Bacău, Romania
12:00-13:00 – Lunch Break			
9	Dacian Ghejan Horatiu; Macavei Sergiu Daniel; Grosu Emilia Florina	Exploratory Analysis of Neuromuscular Activation During Virtual Reality-Based Training: A Single-Participant Surface Electromyography Case Study	Babeș-Bolyai University, Cluj-Napoca, Romania
10	Burlui Raluca Mădălina; Mereuță Claudiu; Dragomir Maricela	A Multidisciplinary Approach to Postural Disorders: Visual and Podal Integration in Early Ontogeny	"Dunărea de Jos" University of Galați, Romania
11	Bosancu Anca	Benefits of Exercise Programs Implemented During Dialysis	"Ștefan cel Mare" University of Suceava, Romania
12	Mănăluță Alexandru	Functional Rehabilitation of Patients with Hemorrhagic Stroke Using Therapeutic Exercises Based on the Bobath Concept and Proprioceptive Neuromuscular Facilitation (PNF) Techniques	"Ștefan cel Mare" University of Suceava, Romania

13	Pilat Bogdan; Vlad Chihaia	Neurorehabilitation of Motor Deficits After Stroke: From Clinical Guidelines to the Principles of Modern Practice	"Ștefan cel Mare" University of Suceava, Romania
14	Onisii Toni	Functional Approach to Posture and Spinal Biomechanics	Osteopatic Medical Clinic, Suceava, Romania
15	Onu Ana; Matei Daniela-Viorelia; Ilie Onu; Balint Tatiana; Iordan Daniel-Andrei	Effects of Exercise Intensity on Heart Rate Variability and Oxidative Stress in Adults at Risk of Metabolic Syndrome	Department of Biomedical Sciences, Grigore T. Popa University of Medicine and Pharmacy Iaşi "Vasile Alecsandri" University of Bacău "Dunărea de Jos" University of Galati
16	Constantinescu Mihai; Petrariu Ileana	The Effect of the Corset on Growth and Development in Prepubertal Children	"Ștefan cel Mare" University of Suceava, Romania
17	Slusar Adriana	Body Composition Assessment in Adults Regularly Engaged in Swimming	"Ștefan cel Mare" University of Suceava, Romania
BOOK PRESENTATION			
Tatiana Balint; Onu Ilie		"Evaluarea funcţională Musculo-scheletală în practica fizioterapeutului"	
WORKSHOP- **BUILDING K, ROOM K102**			
Onu Ilie; Onu Ana; Balint Tatiana; Iordan Daniel-Andrei		Deep Oscillation in Physiotherapy: Clinical Reasoning and Hands-on Applications	

PHYSICAL EDUCATION AND SPORTS SECTION 1
Building A, Room A113

Moderators:

Associate Professor Virgil LARIONESCU, PhD
Associate Professor Stoica LEONARD, PhD
Lecturer Gheorghe PRICOP, PhD

No.	Authors	Title of the Paper	University / Institution
1	Todiriță Bogdan -Alexandru; Popescu Veronica	Physical Training of Personnel in Special Operations Units	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova
2	Moisescu Petronel Cristian; Simion Violeta Nicoleta	The Relationship Between Levels of Motor Activity and Emotional Intelligence in Preteens	"Dunarea de Jos" University of Galati, Romania
3	Todiriță Bogdan -Alexandru; Popescu Veronica	Applied Military Physical Training of Personnel in Special Assault Units (USA)	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova
4	Bejenar Elena-Mariana; Manolachi Veaceslav	Musculoskeletal Problems	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova
5	Bejenar Elena-Mariana; Manolachi Veaceslav	Modular Structuring of Oina-Specific Training Methods for Sixth-Grade Students and Assessment of Motor Skill Development Through Comparative Analysis of Test Results	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova
6	Lungu Adrian Constantin	Hybrid Teaching Models in Physical Education for Primary School Pupils	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova
7	Brăileanu Maria-Alexandra; Mitrache Georgeta; Stănescu Monica; Gozu Bogdan; Stoica Marius	Leveling Up PE: A Pilot Study on Gamified Physical Education	National University of Physical Education and Sport of Bucharest
8	Moroz Olena; Moseichuk Yuriy; Vaskan Ivan; Yeremiia Yana	Adaptive Models of Pedagogical Control in Physical Education of Primary Schoolchildren with Different Medical Groups	Yuriy Fedkovych Chernivtsi National University, Chernivtsi, Ukraine
9	Ghizdaveț Emanuel Leontin; Tudor Virgil; Dancu Alexandru	Functional Profile of Frontline Police Officers for Effective Intervention	Bucharest General Directorate of Police, Bucharest, Romania National University of Physical Education and Sport, Bucharest, Romania
10	Ghizdaveț Emanuel Leontin; Tudor Virgil; Dancu Alexandru	Assessing Operational Police Officers' Skills Under Pressure: A Conceptual Model	Bucharest General Directorate of Police, Bucharest, Romania National University of Physical Education and Sport, Bucharest, Romania
11	Țintă Alexandra; Popescu Veronica	Methodological Strategies for Developing Execution Speed in Advanced Karate Athletes Aged 12–14	Institute of Physical Education and Sport, Chișinău, Republic of Moldova Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași
12	Țintă Alexandra; Popescu Veronica	Execution Speed Between Perceived Importance and Actual Training Priorities: An Analysis of the Opinions of Karate Coaches Working with Athletes Aged 12–14	Institute of Physical Education and Sport, Chișinău, Republic of Moldova Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași

13	Ghiță Alin-Nicolae; Stoica Marius; Vasiliu Ana Maria; Bratu Mircea; Mitrache Georgeta	Exploring the Relationship Between Coping Strategies and Communication Styles in Sport Management Students	National University of Physical Education and Sport of Bucharest, Romania
14	Ghiță Alin-Nicolae; Stoica Marius; Vasiliu Ana Maria; Bratu Mircea; Mitrache Georgeta	The Relationship Between Maladaptive Cognitive Schemas and Psychological Distress in Sport Science and Physical Education Students	National University of Physical Education and Sport of Bucharest, Romania
15	Brăileanu Maria-Alexandra; Mitrache Georgeta; Stănescu Monica; Gozu Bogdan; Stoica Marius	Dynamics of Engagement: A Comparative Review of Gamification and Pedagogical Models on Student Motivation	National University of Physical Education and Sport of Bucharest, Romania
16	Ardelean Viorel Petru; Dulceanu Corina, Mărcuș Daniel, Geantă Vlad Adrian	Sports Extracurricular Participation and Academic Performance in Romanian Lower-Secondary Students	Department of Physical Education and Sport, Faculty of Physical Education and Sport, "Aurel Vlaicu" University of Arad, Romania; Șimand Secondary School, Șimand, Arad County, Romania.
17	Stoica Leonard; Ștefănescu Cătălin Aurelian; Dobre Andreea Georgiana	Applied Trails and Basic Motor Skills in Primary School Students: A Quasi-Experimental MOBAK 3-4 Study	"Dunarea de Jos" University of Galați, Romania
18	Stoica Leonard, Coman Mădălina-Gabriela; Iordan Daniel Andrei	Outdoor Education in School Contexts: A Bibliometric and Conceptual Mapping of Research Themes	"Dunarea de Jos" University of Galați, Romania
19	Seciu Alex-Paul; Popa Roxana-Nicoleta; Ene-Voiculescu Virgil; Savu Cristian-Florian; Pehoiu Constantin; Cristea Dumitru-Nicolae; Bogdan Alexandru	Multidimensional Assessment of the Neuromuscular Profile in Under-18 Handball Players: A Cross-Sectional Comparative Study of Two Control Groups	Doctoral School of Social and Human Sciences, University of Craiova, Craiova, Romania; Department of Naval Tactics and Armament, Faculty of Marine Engineering, "Mircea cel Bătrân" Naval Academy, Constanța, Romania; Department of Physical Education and Sport, Faculty of Humanities, Valahia University of Târgoviște, Târgoviște, Romania.
20	Savu Cristian-Florian; Seciu Alex-Paul; Pehoiu Constantin; Cristea Dumitru-Niculae	Recreational Basketball as a Leisure-Time Physical Activity: Participant Preferences, Motivations and Perceived Barriers in an Urban Setting	Department of Physical Education and Sport, Faculty of Humanities, Valahia University of Târgoviște, Romania
21	Coman Mădălina-Gabriela; Gheorghe Carmen; Stoica Leonard	Body Composition Analysis in Middle School Students Aged 11–12 Years Using Electrical Bioimpedance	"Dunarea de Jos" University of Galati, Romania
22	Scheuleac Adelina; Vizitiu Lakhdari Elena	Specialists' Perceptions of the Benefits and Conditions for Implementing Spinning in High School Education: An Exploratory Study	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova Interdisciplinary Research Center for Motor Sciences and Human Health, "Ștefan cel Mare" University of Suceava, Romania.
23	Gheorghiu Aurelian	The Effectiveness of Interactive Teaching Strategies in Developing Motor Competencies and Enhancing Students' Active Participation in Physical Education Classes	"Dunărea de Jos" University of Galați, Romania
24	Gheorghiu Aurelian; Costin Dan Eugen	The Relationship Between Motivation to Participate in Physical Education Classes, Perceived Motor Competence, and Active Engagement Among Lower Secondary School Students	"Dunărea de Jos" University of Galați, Romania

PHYSICAL EDUCATION AND SPORTS SECTION 2
Building K, Room K210

Moderators:

Associate Professor Florian BENEDEK, PhD
Associate Professor Gheorghiu AURELIAN, PhD
Lecturer Oana PAȚA, PhD

25	Carapcevschii Natalia (Cipilencu); Mereuță Claudiu	Physical Training in the Ministry of Internal Affairs: Current State and Directions for Modernization from the Perspective of Physical Training Instructors and Responsible Personnel	Dunărea de Jos" University of Galați, Romania
26	Lixandru Andrei; Vasile Luciela	Health-Related Quality of Life in Masters Water Polo Players Before and After an 8-Week Recreational Exercise Program: An SF-36 Assessment	National University of Physical Education and Sports of Bucharest UNEFS
27	Măglașu Andrei Daniel; Virgil Tudor	The Evolution of Training Methods and Means and of Aesthetic Ideals in Bodybuilding	National University of Physical Education and Sport, Bucharest, Romania
28	Budevici-Puiu Liliana	The Essence and Distinction of Legal Relations Specific to Sport in Relation to Other Legal Relations	Moldova State University, Chișinău, Republic of Moldova
29	Vechiu Cosmin; Budevici - Puiu Liliana	Continuous Training of Teachers in the Field of Sport Sciences Through Inquiry-Based Teaching	"G. Călinescu" Secondary School, Iași, Romania Moldova State University, Chișinău, Republic of Moldova
30	Neagu Sonia Gabriela; Zaharie Nicoleta; Sopa Sabin Ioan; Turcu Vladimir Dionisie; Radu Antonia	Perceived Benefits of Gymnastics Practice on Physical Fitness and Well-Being in University Students: A Descriptive Study	"Lucian Blaga" University of Sibiu, Romania
31	Radu Antonia; Zaharie Nicoleta; Sopa Sabin-Ioan; Turcu Vladimir Dionisie; Neagu Sonia Gabriela	Effects of Additional Game-Based Training on Basketball Dribbling Performance in Girls Aged 10–12 Years: A Randomized Controlled Study	"Lucian Blaga" University of Sibiu, Romania
32	Bardan Ioana	The Sports Manager's Role as the Heart and Brain of the Community	Institute of Physical Education and Sport, USM, Republic of Moldova
33	Scheuleac Adelina	Effectiveness of Spinning-Specific Training Methods in Improving Physical Fitness and Psychomotor Development in University Students	Institute of Physical Education and Sport, USM, Republic of Moldova
34	Burac Daniela Giconda; Grosu Claudiu Gabriel	Study on Improving Swimming Strokes Through Integrating Lifeguarding Techniques in the Training of Physical Education and Sport Students	"Ștefan cel Mare" University of Suceava, Romania
35	Slusar Adriana	An Investigative Study on Physical Activity Levels, Perceived Health Status, and Motivation to Participate in Exercise Programs Among Adults	"Ștefan cel Mare" University of Suceava, Romania
36	Vizitiu Lakhdari Elena	Assessment of Buoyancy Ability in University Students During the Acquisition of Fundamental Swimming Skills	"Ștefan cel Mare" University of Suceava, Romania
37	Vizitiu Lakhdari Elena	Comparative Study of Body Composition and Swimming-Specific Motor Skills in University Students	"Ștefan cel Mare" University of Suceava, Romania
38	Casandra Silviu; Ghiuță Roxana	Effectiveness of Strength Training Methods in Optimizing Performance Among Athletes Specializing in the 200 m and 400 m Events	"Ștefan cel Mare" University of Suceava, Romania
39	Ghiuță Roxana Elena; Casandra Silviu; Vizitiu Lakhdari Elena	Investigative Study on the Manifestation of the Dead Point Phenomenon During Competitive Effort in Elite 800 m Runners	"Ștefan cel Mare" University of Suceava, Romania

40	Lungu Adrian Constantin	Comparative Study on the Effects of a Hybrid Instructional Module on Physical Fitness Levels in School Students	Institute of Physical Education and Sport, USM, Republic of Moldova
41	Vargová Mária	Development of Social Interaction and Emotional Experience of Children Through Dance Games	Faculty of Education, Catholic University in Ružomberok, Slovakia
42	Zentko Jozef; Prachárová Ivana; Balint Gheorghe	Developing Children's Movement Creativity Through Climbing Trees	Catholic University in Ružomberok, Slovakia "Vasile Alecsandri" University of Bacău, Romania
43	Zentko Jozef; Ružbarská Beáta	Developing Movement Creativity in Preschool and Early Primary School Children and Promoting a Positive Classroom Climate Through Folk Dance	Catholic University in Ružomberok, Slovakia; University of Prešov, Slovakia Department of Sports Educology and Humanities, Faculty of Sports, University of Prešov, Slovakia
44	Kalinková Mária; Buckova Patricia; Zentko Jozef	Model for Developing Psychomotor Competencies Through a Targeted Dance Program	Constantine the Philosopher University in Nitra, Slovakia; Catholic University in Ružomberok, Slovakia Department of Pre – school and Elementary Pedagogy, Faculty of Education, Catholic University in Ružomberok, Slovakia,
45	Ivașcu Vica; Ungurean Bogdan Constantin	The Effects of Physical Exercise on Self-Esteem Among Adolescents, by Gender	"Alexandru Ioan Cuza" University of Iași, Romania
46	Šiška Luboslav; Krška Peter; Ružbarský Pavol; Sedláček Jaromír; Zvonar Martin; Balint Gheorghe	Use of Burpees in Conditioning Training	Catholic University, Faculty of Education, Slovakia "Vasile Alecsandri" University of Bacău, Romania

SPORTS PERFORMANCE SECTION
Building A, Room A113

Moderators:

Associate Professor Bogdan GROSU, PhD
Associate Professor Vasile-Cătălin SAVU PhD
Assistant Professor Răzvan GAVRILOAIA, PhD
Teaching Assistant Adelina Scheuleac, PhD Candidate

No.	Authors	Title of the paper	University / Institution
1	Udrea Andrei-Valentin; Stănescu Monica; Palade Tudor; Grigore Gheorghe; Honceriu Cezar	Changes in Neuromuscular Performance Following an Integrated Strength and Football-Specific Training Program in Elite U15 and U16 Football Players	National University of Physical Education and Sport, Bucharest, Romania Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași, Romania
2	Panțâr Patricia-Roxana; Stănescu Rareș Cristian; Rad Dana	Laterality Patterns in Romanian Junior Judoka: A Notational Video-Analysis Study of Attack Side, Grip Side, Kuzushi Direction and Competitive Outcome	National University of Physical Education and Sport, Doctoral School of Sport Science and Physical Education (IOSUD-SSEF), Bucharest, Romania
3	Ștefănescu Cătălin Aurelian; Iordan Andrei Daniel; Stoica Leonard; Dobre Andreea Georgiana	Body Composition and Nutritional Characteristics of Elite Adolescent Male Basketball Players During the Pre-Competitive Phase	"Dunărea de Jos" University of Galați, Romania
4	Macavei Sergiu-Daniel; Grosu Emilia Florina; Grosu Vlad Teodor; Ghejan Horațiu-Dacian	Brain Endurance Training and Psychomotor Vigilance After Mental Fatigue Induction in Amateur Tennis Players	Faculty of Physical Education and Sport, Babeș-Bolyai University, Cluj-Napoca, Romania
5	Badea Ilie Andrei; Georgescu Luminița Georgescu; Fleancu Julien Leonard; Corodi George Silviu; Toma Ștefan	A Praxiological Analysis of Barriers and Practices Regarding Physiological Load Monitoring in Youth Basketball (U15–U17) from the Specialists' Perspective	National University of Sciences and Technology Politehnica Bucharest, Pitești University Center, Pitești, Romania
6	Badea Ilie Andrei; Georgescu Luminița Georgescu; Fleancu Julien Leonard; Corodi George Silviu; Toma Ștefan	Internal Load and Perceived Exertion in U15–U17 Basketball Players: A Psychophysiological Analysis of Endurance, Fatigue, and Growth-Related Vulnerabilities	National University of Sciences and Technology Politehnica Bucharest, Pitesti University Center, Pitești, Romania
7	Coteață Maria-Andreea; Trofin Petruț-Florin; Puni Rareș-Alexandru; Cojocaru Adin-Marian; Ungurean Bogdan-Constantin	Age-Related Differences in General and Volleyball-Specific Jump Performance in Youth Female Volleyball Players	Doctoral School of Sport Science and Physical Education, Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași, Romania Department of Physical Education and Sport, Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași, Romania Faculty of Physical Education and Sport, Spiru Haret University, Bucharest, Romania
8	Burac Daniela Giconda; Pricop Gheorghe	The Development of Cardiopulmonary Capacity Through Aquatic Apnea Training in Martial Arts Practitioners	"Ștefan cel Mare" University of Suceava, Romania
9	Rusu Ion-Tudor; Monea Dan	Plyometric Optimization and Reactive Strength Development in Under-12 Youth Handball	Babeș-Bolyai University, Cluj-Napoca, Romania
10	Rusu, Ion-Tudor; Monea Dan	Optimizing Postural-Joint Stability and Proprioceptive Control in U12 Junior Handball	Babeș-Bolyai University, Cluj-Napoca, Romania
11	Savu Vasile-Cătălin; Gheorghiu Aurelian	The Importance of Cognitive Training in the Preparation of the University Football Team	"Dunărea de Jos" University of Galați, Romania

12	Savu Vasile-Cătălin; Gheorghiu Aurelian	A Study on the Role of Pressure Training in the Preparation of the University Football Team	"Dunărea de Jos" University of Galați, Romania
13	Grosu Bogdan-Marius	The Impact of Cognitive Training on Decision-Making Ability and Technical-Tactical Performance in Football Players Aged 10–12 Years	"Ștefan cel Mare" University of Suceava, Romania
14	Bardan Ioana; Vizitiu Lakhdari Elena	The Influence of Nutrition on Biological Test Values and Swimming Performance in Children	Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova Interdisciplinary Research Center for Motor Sciences and Human Health, "Ștefan cel Mare"
15	Harabagiu Neculai; Moisescu Petronel Cristian; Szabo Dan Alexandru	Comparative Analysis of the Technical-Tactical Performance of CSM Arcada Galați in the Men's National Division A1 Championship, 2025–2026 Season	"Dunărea de Jos" University, Faculty of Physical Education and Sports, Galați George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures, Targu Mures, Romania,
16	Ciobanu Ștefan; Abalașei Beatrice-Aurelia; Cojocariu Adrian; Ungurean Bogdan; Rață Bogdan-Constantin	Beyond Physical Fitness: Multidimensional Profiling of Decision-Making and Cognitive-Motor Performance in Handball Referees	Faculty of Physical Education and Sports, "Alexandru Ioan Cuza" University of Iași "Vasile Alecsandri" University of Bacău, Romania
17	Prăjescu Marian-Petre; Abalașei Beatrice-Aurelia	Association Between Impact Height Relative to Body Height and First-Serve Return Performance in U12–U16	"Alexandru Ioan Cuza" University, Faculty of Physical Education and Sport, Iași
18	Talaghir Laurenţiu Gabriel; Iconomescu Teodora; Manolache Gabriel; Apostol Iulian	Factors Influencing the Performance of Sports Management Teams. What Can High-Performance Sports Support Teams Learn From Other Industries a Systematic Scoping Review.	"Dunărea de Jos" University of Galați, Romania
19	Prăjescu Marian-Petre; Abalașei Beatrice-Aurelia	Forehand-Backhand Differences in Biomechanical and Tactical Characteristics of First-Serve Returns in U12–U16 Junior Tennis Players	"Alexandru Ioan Cuza" University, Faculty of Physical Education and Sport, Iași,
20	Savu Cristian-Florian; Seciu Alex-Paul; Pehoiu Constantin; Cristea Dumitru-Niculae	Recreational Basketball as a Leisure-Time Physical Activity: Participant Preferences, Motivations and Perceived Barriers in an Urban Setting	Department of Physical Education and Sport, Faculty of Humanities, Valahia University of Targoviste, Targoviste, Romania
21	Talaghir Laureţiu Gabriel; Iconomescu Teodora; Manolache Gabriel	Predicting Match Outcomes in Elite Football: a Data Envelopment Analysis (dea) of Offensive and Defensive Performance Efficiency	"Dunărea de Jos" University of Galați, Romania